

# Student Leadership



## Overview

Our student leadership program helps young people to become more aware of themselves as individuals – their core values, their thoughts and their feelings – and offers some practical strategies to increase their growth mindset, resilience and personal agency.



## Learning objectives

### *Module 1: Finding your Spark*

- Get clear on what really motivates you
- Become curious about your future

### *Module 2: Fuelling your Spark*

- Realise how important your mindset is, and what holds you back right now
- Learn how to stay energized and resilient despite setbacks

### *Module 3: Sharing your Spark*

- Create your new 'winning formula' and set your personal goals
- Build your support network



## Who is this for?

Young people, typically Year 9-10. The program can be delivered school-wide or for selected groups.

## Key content

- Growth mindset
- Check, Challenge, Choice process to manage your state
- Mindtraps
- Core values
- Winning formula

## PROGRAM DELIVERY

This program is typically delivered via a Train-the-Trainer model. We offer intensive training to teacher(s) in your school and then provide the necessary resources (Teachers' Guides and workbooks) for your teacher(s) to roll out the program to students in your school.



**"If you think you can,  
you can!"**

Jack Petchey, CBE  
The Jack Petchey Foundation  
seed-funded Spark's young  
people's programs.

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